

SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Twelfth Sunday after Pentecost	1	2	3	4	5 First Friday Home Schooler's First Friday	6 First Saturday
7 Thirteenth Sunday after Pentecost	8 Nativity of the Blessed Virgin Mary	9	10	11	12 Pro-Life Vigil	13
14 Exaltation of the Holy Cross	15	16	17	18	19	20 Men's Schola Altar Guild
21 Fifteenth Sunday after Pentecost	22	23	24 Ember Wednesday	25	26 Ember Friday All-Night Adoration	27 Ember Saturday
28 Sixteenth Sunday after Pentecost	29	30	1	2	3 First Friday Bishop's Pro-Life Dinner	4 First Saturday

Contact Us:

Sacramental Emergency: (719) 464-6129

Church Location: 626 Aspen Dr.
Security, Colo. 80911
(719) 382-0121

Mailing Address: P.O. Box 5211
Colorado Springs,
Colo. 80931-5211

Parish Registration, Records, Inquiries:
Anita McCowen cosfssp@gmail.com

Bulletin:
Jill Demian (719) 579-9439

Choir:
Kelsey Villalobos (719) 651-9800

Home-Schoolers' First Friday:
Gracey Wike
cosfssp.homeschoolgroup@gmail.com

Housekeeping:
Jennifer Villalobos (719) 651-8135

Pro-Life Events:
Michael Smiley (719) 502-9149
Michele Smiley (719) 447-7236

St. Benedict Altar Guild:
Nathan Wike
cosfssp.altarguild@gmail.com

Take-Them-a-Meal/Sunday Brunch:
Marcella Guilez
dmjmfamilyllove@aol.com

Ushers:
Kris McCowen (719) 352-1519

Website:
www.cofsfp.org
Alex Baburnic
alexanderbaburnic@yahoo.com

Young Roses of Mary Girls' Group:
Amy Seltzer caseltzer@gmail.com

Please pray for:

Repose of the Souls of:

Pope Francis
Jeff Nelson

Parishioners in the Military:

1st Lt. David Bentley, U.S. Air Force
Master Sgt. Chris Biery, U.S. Air Force
Spec. 2 Victor Follis, U.S. Space Force
Petty Officer 1st Class Paula Gennitti,
U.S. Navy
1st Lt. Adam Giammattei, U.S. Army
Command Sgt. Major Chad Keirns,
U.S. Army

2nd Lt. Alexander Kleitz,
U.S. Space Force
Capt. Mary McCowen, U.S. Army
Lt. Col. Lynn W. Sullivan, U.S. Army
Staff Sgt. Marc Snyder,
U.S. Marine Corps
Spec. 3 Noah Velasco, U.S. Space Force
2nd Lt. Jacob Vore, U.S. Space Force
Sgt. Daniel Walsh, U.S. Army
Sr. Airman Thomas Walsh,
U.S. Air Force
Lt. Col. Nathan Wike, U.S. Army
Master Sgt. A. Youngblood, U.S. Army
Sgt. 1st Class Cinthya Zuniga, U.S. Army

+ IMMACULATE + CONCEPTION CATHOLIC CHURCH



"O Mary, through thine Immaculate Conception
make my body pure and my soul holy."

EXALTATION OF THE HOLY CROSS

September 14, 2025

+ Sunday Schedule:

Low Mass: 7 a.m.
9 a.m.
Sung Mass: 11 a.m.

Confessions:

One-half hour before Mass
and Saturdays at 4 p.m.

Daily Mass Schedule:

Monday, Tuesday,
Wednesday: 8 a.m.
Thursday: 6 p.m.
Friday, Saturday: 8 a.m.

Holy Hour:

Thursday: 7 p.m.

Pastor:

FR. JAMES GORDON, F.S.S.P.

Assistant Pastor:

FR. DENNIS GORDON, F.S.S.P.



Priestly Fraternity of St. Peter parish in Colorado Springs

Meekness and Humility

The 12 steps to Holiness and Salvation,
By St. Alphonsus Liguori

“Learn of Me, because I am meek and humble of heart” (*Matthew 11:29*).

Humility is called by the saints the foundation and safeguard of all the virtues, it occupies, according to St. Thomas, the first place as the foundation of the rest. In the erection of a building, the basement comes before the walls and pillars, even though the latter be of gold. And so in the spiritual life humility must precede everything else in order to banish pride, to which God is so opposed. He, therefore, who endeavors to acquire the other virtues without humility, says St. Gregory, is scattering dust before the wind.

The virtue of humility was little known and less loved on earth; indeed, it was thoroughly despised. Pride reigned everywhere, for it was an unfortunate inheritance of the human race bequeathed to his posterity by Adam. The Son of God descended from Heaven to teach man by word and example the value of humility, and with this end in view, He went so far as to “empty Himself, taking the form of a servant, being made in the likeness of men, and in habit found as a man. He humbled Himself... even to the death of the cross” (*Philippians 2:7*). His first appearance on earth was in the humble stable of Bethlehem; the greater portion of His mortal life was spent in humble retirement at

Nazareth. He departed this life, humbled and despised, on the summit of Mt. Calvary; and He calls out to each one of us: “I have given you an example that as I have done, so you do also” (*John 13:15*). By this He means to say: “My dear children, I have endured all this humiliation and contempt that you might follow My example.” With regard to the humility of Jesus Christ, St. Augustine says: “If this medicine does not cure us of pride, I know not what other remedy can do so.”

“Every proud man is an abomination to the Lord,” says the Holy Ghost (*Proverbs 16:5*). The proud man is a thief because he appropriates what belongs to God from whom, as St. Paul says, he has everything.

If a horse were decked with gorgeous trappings would it — supposing it were able to do so — pride itself on having such fine adornments, knowing that at a moment’s notice its master could take them away? The proud man is guilty of falsehood, for all the goods that he possesses both in the order of nature and grace are the gifts of God. “By the grace of God I am what I am,” says the apostle (1 *Corinthians 15:10*), for “we are not sufficient to think any thing of ourselves, as of ourselves, but our sufficiency is from God” (2 *Corinthians 3:5*).

“Humble yourself,” says St. Augustine, “and God will descend to unite Himself with

you; but if you are proud He will depart from you.” The Royal Prophet had said the same thing long before: God looks upon the humble with loving eyes, but the proud He sees from afar. When the rebel angels grew proud, God drove them from His sight and cast them into the abyss, for God’s Word must be fulfilled: “Whosoever shall exalt himself, shall be humbled” (*Matthew 23:12*).

St. Peter Damian relates that a certain proud man once heard these words of Our Lord read in the Gospel at Holy Mass. “That is not true,” he said, “for if I humbled myself I would lose my possessions and the respect of my fellowmen.” Now what happened? He fought a duel in defense of his property, and his antagonist, striking him in the mouth with his weapon, pierced his blas-

phemous tongue and stretched him dead on the ground.

The Lord has promised to hear all who call upon Him: “Everyone that asketh, receiveth” (*Matthew 7:8*). But to the proud man God will not listen. “God resisteth the proud,” says St. James, “and giveth grace to the humble” (*James 4:6*).

Yes, God hastens to open His hand and bestow upon the humble what they desire. “Lord, give me the treasure of humility,” prayed St. Augustine.

Humility is called a treasure because the Lord sees to it that the humble abound in good things. When man’s heart is full of himself, there is no room for God’s gifts. Man must therefore, as it were, be emptied of himself by the knowledge of his own nothingness. “He that is mighty hath

Upcoming Parish Events

September 20~ Men’s Schola Rehearsal

Schola rehearsal will begin after Mass Saturday morning. Men interested in singing with an all-men schola may contact Kelsey Villalobos, (719) 651-9800, for more information.

September 20 ~ Altar Guild

Altar-serving practice after 8 a.m. Mass. For more information or to enroll your son, contact Nathan Wike, cosfssp.altarguild@gmail.com.

October 3 ~ Bishop’s Respect Life Dinner

Tickets are now on sale for the Bishop’s Respect Life Roundup dinner at the Flying W Ranch, Oct. 3. You may purchase your tickets online using a credit card at the following link: <https://RLRU2025.givesmart.com>.

+ MASS INTENTIONS +

FOR THIS WEEK

Monday, Sept. 15 ~ Seven Sorrows of the Blessed Virgin Mary

8 a.m. — + Paul D’Antonio, by Marc and Nichole Snyder

Tuesday, Sept. 16 ~ Sts. Cornelius and Cyprian

8 a.m. — Special Intention

Wednesday, Sept. 17 ~ Feria

8 a.m. — Chris, Heather, Dominic & Caius Varano, by Eric Smith

Thursday, Sept. 18 ~ St. Joseph of Cupertino

6 p.m. — Intentions of Confraternity of St. Peter, by Jeanne Bissonnette

Friday, Sept. 19 ~ St. Januarius

8 a.m. — + Floyd and Helen Eggert, by McCowen Family

Saturday, Sept. 20 ~ Saturday of Our Lady

8 a.m. — + Fr. Michael Irwin, F.S.S.P.

Sunday, Sept. 21 ~ 15th Sunday after Pentecost

7 a.m. — The Kirk Family
9 a.m. — Reparation for Sacrilegious Communions
11 a.m. — Pro Populo

The priests cannot accept Mass intentions at this time.

done great things to me,” said the Blessed Virgin Mary, “because He hath regarded the humility of His handmaid” (*Luke 1:48*); that is to say, He hath considered the knowledge I have of my own nothingness.

St. Teresa tells us that she received the greatest graces from God when she humbled

herself most profoundly in His presence. “The prayer of him that humbleth himself shall pierce the clouds; and he will not depart till the Most High behold” (*Ecclesiasticus 35:21*).

St. Joseph Calasanctius used to say: “If you desire to be holy, be humble; if you desire to be very holy, be very humble.”

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